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Yang Taiji: The Untold Story, Sifu Jason Tsou, Arthur Schonfeld, Chi Kung International

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Principles, Analysis, and Application of Effortless Combat Throws, Tim Cartmell, Aug 1, 1998, Sports & Recreation, 172 pages. In this detailed book, Tim Cartmell expertly explains the principles of combat throwing techniques and provides dozens of examples of throwing techniques which, when performed

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Tui Shou-San Shou The Fundamentals of the Fighting Art of Taijiquan, Carl Burgess, 2004, Sports & Recreation, 184 pages. A systematic and fully illustrated exposition of the fundamental two person training methods to develop the Taijiquan combat skills of sensitivity, evasion, neutralisation of

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